



OFFICE OF THE POLICE & CRIME COMMISSIONER FOR NORFOLK

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DECISION NO. 2018/19

REASON FOR SUBMISSION: For Decision

SUBMITTED TO: Police & Crime Commissioner, Chief Executive Officer and Chief Finance Officer

SUBJECT: Extension of Service Provision to Sue Lambert Trust for services to support victims of Sexual Abuse, Sexual Violence and Historic Cases of Child Sexual Abuse for women, men and children aged 11 years and above.

SUMMARY:

The Sue Lambert Trust provides support for men, women and young people aged 11 and over, who are the survivors of sexual abuse. This service includes counselling as well as practical and emotional support to meet the needs of survivors in the short, medium and long term.

This Grant is funded via the national/annual funding that the Office of the Police and Crime Commissioner for Norfolk receives from the Ministry of Justice to commission services that support victims of crime.

The number of sexual offences nationally recorded by the police in year ending December 2017 increased by 25%, compared with the previous year. High-profile media stories (for example, Harvey Weinstein, #MeToo and TV dramas such as 'Three Girls') have encouraged victims to come forward, regardless of whether or not they report a crime.

The SLT waiting list for services therefore has continued to grow exponentially.

RECOMMENDATION:

It is recommended that the Police and Crime Commissioner for Norfolk support this Grant extension to the Sue Lambert Trust.

OUTCOME/APPROVAL BY:

Lorne Green, The Police and Crime Commissioner for Norfolk

The recommendations as outlined above are approved.

Signature

Date

30/07/18

DETAIL OF THE SUBMISSION

1. OBJECTIVE:

1.1 The Police and Crime Commissioner currently grant funds the Sue Lambert Trust (SLT). SLT are the only dedicated Norfolk based specialist service who provide victims (men, women and young people over the age of 11 years) with this type of support. The objective is to extend funding to enable the Sue Lambert Trust to cope with the need of support and provision of specialist services for victims of sexual abuse, sexual violence and historic cases of child sexual abuse.

2. BACKGROUND:

2.1 Sue Lambert Trust exists to empower survivors of sexual and domestic abuse to lead fulfilling lives. They offer specialist long term counselling support as well as emotional support to clients aged 11 and over who are affected by abuse both past and present.

2.2 SLT has rapidly expanded over the past 5 years increasing its capacity to over 300% during that period. It now provides weekly therapeutic support to over 200 clients however an unprecedented growth in demand means that there are currently over 400 clients on the waiting list for regular support.

2.3 Demand has been increased due to a variety of reasons;

- the impact or recent and ongoing press revelations about the prevalence of childhood sexual abuse being felt by survivors and has meant that they have found it hard to manage without specialist support.
- Government cuts to some statutory services have also meant there has been an increase in referrals and signposting from these agencies.
- National cases have been reported through the media and raised awareness, such as Op Yewtree, Child Sexual Abuse (male) in Football, High-profile media stories (for example, Harvey Weinstein, #MeToo and TV dramas such as 'Three Girls') along with the Independent Inquiry into Child Sexual Abuse (IICSA). These high profile cases/inquiries have generated extensive awareness and for some survivors have given them the confidence to be able to come forward and report their own experiences of Child Sexual Abuse even though it may have been many years previous.
- Increased referrals from other agencies within the county.
- The increase in resources to investigate and prosecute sexual crimes has led to an increase in cases going to court and the need for specialist support to help survivors
- Press reporting of cases has led to the increased awareness of the availability of support to survivors.

2.4 SLT are delivering services in Norwich, Great Yarmouth and satellite services in Kings Lynn and Thetford. Due to the demand for these services, opening hours in

Norwich have been extended to incorporate three evenings where late appointments can be booked up to 9pm.

- 2.5 SLT's senior management team report into the Trustee Board and Finance Sub Committee. Volunteers provide additional infrastructure and all staff receive training and clinical supervision.

3. AREAS FOR CONSIDERATION:

- 3.1 This specialist service is to support clients through their personal journey and improve their outcomes to lead fulfilling lives and include:
- Increased feeling of safety
 - Increased self-esteem and sense of well being
 - Reduce suicide and hospitalisation
 - Improve their mental health prognosis
 - Improve their access to other high quality services
 - Improve relationships with others
 - Increase their involvement in society and reduce their isolation

4. OTHER OPTIONS CONSIDERED:

- 4.1 Not to fund the Sue Lambert Trust– this option has been rejected based on evidence of need that support is required to support victims of sexual abuse/violence.

5. STRATEGIC AIMS/OBJECTIVE SUPPORTED:

- 5.1 The PCC has a statutory obligation to set Police and Crime Objectives through a Police and Crime Plan. This Police and Crime Plan can be found on the PCC's website and outlines the core principals covering the period 2016-2020. One of the core principals is to support victims and reduce vulnerability. The principal supports national policy through the Violence Against Women and Girls Strategy.

6. FINANCIAL AND OTHER RESOURCE IMPLICATIONS:

- 6.1 A total of £155,000 for support will be given during the financial year 2018/19 to support survivors of sexual abuse/assault in Norfolk. This grant is paid from the Ministry of Justice Victims Services grant.

7. OTHER IMPLICATIONS AND RISKS:

- 7.1 None arising from this report.

PUBLIC ACCESS TO INFORMATION: *Information contained within this submission is subject to the Freedom of Information Act 2000 and wherever possible will be made available on the OPCC website. Submissions should be labelled as 'Not Protectively Marked' unless any of the material is 'restricted' or 'confidential'. Where information contained within the submission is 'restricted' or 'confidential' it should be highlighted, along with the reason why.*

ORIGINATOR CHECKLIST (MUST BE COMPLETED)	PLEASE STATE 'YES' OR 'NO'
Has legal advice been sought on this submission?	No
Has the PCC's Chief Finance Officer been consulted?	Yes
Have equality, diversity and human rights implications been considered including equality analysis, as appropriate?	Yes
Have human resource implications been considered?	Yes
Is the recommendation consistent with the objectives in the Police and Crime Plan?	Yes
Has consultation been undertaken with people or agencies likely to be affected by the recommendation?	Yes
Has communications advice been sought on areas of likely media interest and how they might be managed?	Yes
In relation to the above, have all relevant issues been highlighted in the 'other implications and risks' section of the submission?	No

APPROVAL TO SUBMIT TO THE DECISION-MAKER (this approval is required only for submissions to the PCC).

Chief Executive

I am satisfied that relevant advice has been taken into account in the preparation of the report, that the recommendations have been reviewed and that this is an appropriate request to be submitted to the PCC.

Signature:



Date

18-7-18

Chief Finance Officer (Section 151 Officer)

I certify that:

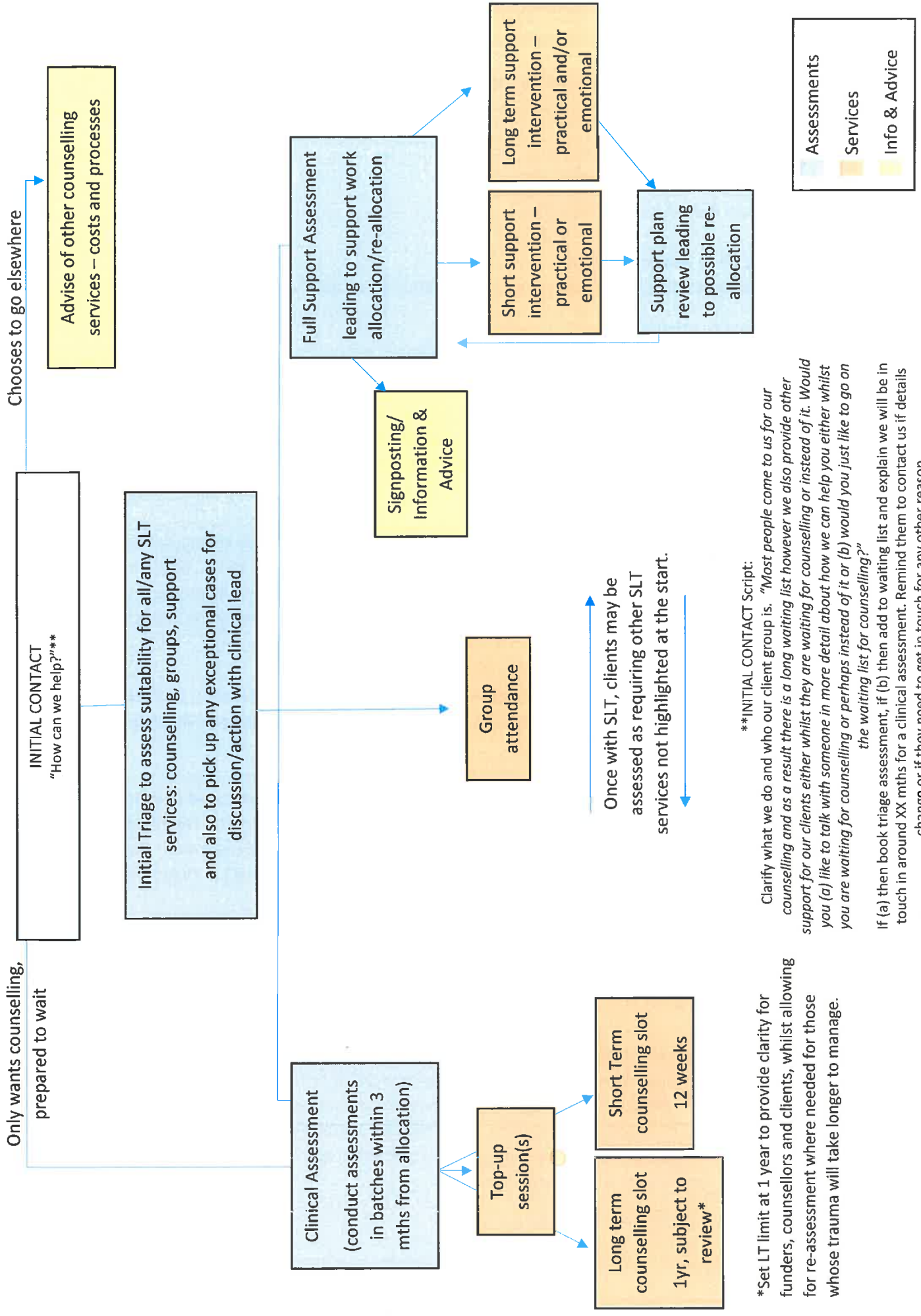
- ~~a) there are no financial consequences as a result of this decision,~~
- ~~OR~~
- b) the costs identified in this report can be met from existing revenue or capital budgets,
AND
- c) the decision can be taken on the basis of my assurance that Financial Regulations
have been complied with.

Signature:



Date:

17/7/18



****INITIAL CONTACT Script:**
 Clarify what we do and who our client group is. "Most people come to us for our counselling and as a result there is a long waiting list however we also provide other support for our clients either whilst they are waiting for counselling or instead of it. Would you (a) like to talk with someone in more detail about how we can help you either whilst you are waiting for counselling or perhaps instead of it or (b) would you just like to go on the waiting list for counselling?"

If (a) then book triage assessment, if (b) then add to waiting list and explain we will be in touch in around XX mths for a clinical assessment. Remind them to contact us if details change or if they need to get in touch for any other reason.

*Set LT limit at 1 year to provide clarity for funders, counsellors and clients, whilst allowing for re-assessment where needed for those whose trauma will take longer to manage.

	Assessments
	Services
	Info & Advice

Notes on changes to SLT service provision to enable re-opening of new clients in August 2018

- **Self-referrals only**
- **Re-opening in August in Norwich only**
- **Re-opening GY in November 2018**
To enable focus on moving to new premises with additional counsellors and support worker
- **Initial Triage**
All new clients will be offered a triage unless they are clear they only want to wait for counselling. The triage will enable all clients to have a conversation and to understand the range of services SLT can provide to help without them having to open up in depth about their reasons for needing our services. Triage assessor to liaise with Clinical Lead as appropriate regarding specific individuals. Basic details captured at this stage, more detail captured during clinical and support assessments.
- **Clinical Initial Assessment**
Instead of the clinical assessment being offered as the first interaction for all clients, within 6 weeks of first contact, they will not be conducted until within 4 months of expected allocations, based on waiting list/allocation forecasts. Once clients have received this assessment they should not be waiting for longer than 4 months and will be able to have top-ups (one-off therapeutic interventions) during this time.
- **Full Support Assessment**
A more detailed assessment conducted by the Support Team Leader to determine short term or long term intervention, appropriate time frames, nature of support intervention (emotional regulation, practical support, preparation for counselling, etc)
- **Introduce 1 year time limit for LT counselling, with opportunity for review at end of year.**
This provides a tool for counsellors to manage client expectations, it is clearer to communicate to funders and won't affect those clients for whom the trauma they have experienced need more time to deal with their experiences. Presently 39% of active long term clients have been active for longer than a year.
- **Short term counselling**
Clinical assessment will continue to identify clients who are suitable for ST counselling however the new Triage will also be able to pick-up those clients who may need urgent ST counselling (due to pregnancy, study commitments, etc.)
- **Improved outcomes assessment**
Following April-July pilot, introduce the industry-standard CORE system to measure client outcomes from start to finish (counselling clients) as well as Psychlops (for both counselling and support work clients), to measure outcomes of specific interventions. Also introduce Social Return Investment interviews with sample of closed clients to demonstrate financial benefit and costs savings of service.

Grant Variation Form No 3

Provider: The Sue Lambert Trust - Norwich	Decision Notice No:
Title: Specialist support services for men, women and young people, aged over 11 years and who are survivors of sexual abuse.	Agreement Period: Main Grant Funding Period: 1 st April 2015- 31 st March 2018 Contract Variation Covers Period: 1 st April 2018-31 st March 2019

The Office of the Police and Crime Commissioner for Norfolk, currently funds the Sue Lambert Trust to provide support for men, women and young people ages 11 years and over who are survivors of sexual abuse. This service includes counselling and practical and emotional support within the county of Norfolk

Demand for service has increased. There are many contributing factors why demand has increased, not least from awareness within the media around high profile Historic Child Sexual Abuse cases, the National Independent Inquiry into Child Sexual Abuse (IICSA) and regional campaigns around reporting of crime.

To ensure that the Sue Lambert Trust is able to support victims, there is an additional requirement for funding to expand service by way of additional counselling and support personnel.

The Police and Crime Commissioner for Norfolk has agreed to extend the existing Grant Agreement for the period of twelve months commencing 1st April 2018 – 31st March 2019 to the value of £155,000.

The following revised costings will now apply for the duration of the above agreement period:

	AMOUNT
Variation	£155,000
Total Grant for 2018/19	£155,000

Breakdown of Variation:

	AMOUNT
<p>Contribution to Core Funding – to include:</p> <ul style="list-style-type: none"> • increase in number of trained volunteers counsellors to > 75 and maintain at this level • extend client sessions to >240 per week • extend service and maintain in key identified hotspot areas • extend and train not less than five support workers • respond appropriately to the most vulnerable clients on the waiting list, in conjunction with waiting times. Figures to be produced/ reviewed against baseline data. SLT to demonstrate baseline data and recommendations for suitable proposal to manage risk (data to also include length of time to first assessment and access to counselling) • review classifications of priority, crisis and standard cases 	

NOT PROTECTIVELY MARKED

<ul style="list-style-type: none"> • demonstrate that all possible opportunities for core funding are embraced so as to enhance services received by clients • additional funding is not used to build reserves • Additional funding is to incorporate a variety of practical and emotional support for survivors through 1-2-1 long and short term counselling, group work and top up sessions. • Waiting list to be open for self and third party referrals <u>(subject to SLT assessment)</u> • Review and produce a new triage flowchart 	
<p>Restricted Funding – this will be for :</p> <ul style="list-style-type: none"> • employment of staff to deliver specialist one to one support to vulnerable SLT clients – to include advocacy and emotional support to victims of sexual abuse (including historic) • the worker(s) will build relationships with vulnerable SLT clients (including those on the waiting list for counselling) and evidence outcomes (quantitative and qualitative) • detailed reporting to provide evidence that vulnerable SLT clients receive the consistent and reliable service to meet their needs 	
<p>Total Funding</p>	<p>£155,000</p>

Signed for and on behalf of the Commissioner



Name

JOHN HAMMERSDALE

Position

CHIEF FINANCE OFFICER

Date

17/7/18

Signed for and on behalf of the Provider



Name

Melite Odrvik

Position

Chief Executive

Date

17 July 2018